



Pickens County Meals on Wheels  
P.O. Box 1162  
Grace United Methodist Church  
309 East Cedar Rock Street  
Pickens, SC 29671  
[www.pcmow.org](http://www.pcmow.org)

*Mission: Pickens County Meals on Wheels exists to combat the effects of hunger, loneliness and isolation on senior citizens living in Pickens County, and to provide a lifeline through the use of caring volunteers.*

## News Release

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### FOR IMMEDIATE RELEASE

**Date:** December 10 2007

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### **Cannon Memorial Hospital Kitchen Staff Delivers Holiday Bags to Meals on Wheels Recipients**

The women who cook the meals for Cannon Memorial Hospital in Pickens wanted to do a special Christmas project this year; one befitting the spirit of the season and one that would touch those in their community. What they chose to do was to put together a holiday gift bag for each Meals on Wheels recipient they cook for. First they collected funds, had a yard sale and then, went shopping for the seniors who are nourished by their meals throughout the year. They enjoyed thinking of what items they could put in a bag that would bring a smile to the face of these older folks and show them that they care.

Cannon kitchen staff, consisting of Suzi Brown, Catherine Bryson, Kathy Cantrell, Patsy Davis, Norma Galloway, Marlene Patterson, Gail Ramey, Jane Trantham, Barbara Yergeau and Jane Alexander packed the bags with items such as socks, gloves, lotion, books, caps, kerchiefs, candies, fruit and jelly and of course, hot cocoa. The control desk staff pitched in with a donation of 15 fleece throws to complete the bags. But, what makes these holiday bags special is that they are made with "a lot of love," said Jane Alexander, Director of Dietary.

The week of December 10<sup>th</sup>, one person from Cannon Memorial Hospital kitchen staff will ride with a Meals on Wheels volunteer to deliver the gift bags. All in all, 35 holiday gift bags will be delivered on five routes in the Pickens and Six Mile area.